



# COVID-19 Daily Student Health Screening Checklist



Review this COVID-19 checklist **each day before going to school**. Consider your personal health and if you have any chronic symptoms or are these **NEW SYMPTOMS**.

If you reply **YES** to any of the questions below, **STAY HOME** and follow the steps below:

- Step 1: Call your school's attendance office and report the absence
- Step 2: Contact your teachers for any missing work
- Step 3: Contact your Healthcare provider

If you start to feel sick during your work day, go to the office and call to go home, then follow up with your teachers

**Do you have a fever (temperature over 100.3°F) without having taken any fever reducing medications?**

- YES  
 NO

**New Loss of Smell or Taste?**

- YES  
 NO

**New Muscle Aches?**

- YES  
 NO

**New Sore Throat?**

- YES  
 NO

**New Cough?**

- YES  
 NO

**New Shortness of Breath?**

- YES  
 NO

**New Chills?**

- YES  
 NO

**New Headache?**

- YES  
 NO

**Have you experienced any gastrointestinal symptoms such as nausea/vomiting, diarrhea, loss of appetite?**

- YES       NO

**Have you, or anyone you have been in close contact with, been diagnosed with COVID-19? Close contact is less than 5 feet for 5-10 minutes.**

- YES    NO   If yes, and you have no symptoms, you may come to school, but carefully monitor for symptoms.

**Have you been asked to self-isolate or quarantine by a medical professional or a local public health official in the past 14 days?**

- YES    NO

The CDC has helpful information about the symptoms of the CoronaVirus. Click here <https://bit.ly/2ZB7K1X> or, scan QR Code with your camera phone.



Visit the Imperial County Public Health Department: [www.icphd.org](http://www.icphd.org)

This Daily Health Screening Checklist is an essential part of our COVID19 Recovery Plan